

Jarrow FORMULAS, INCTM

Superior Nutrition and FormulationSM

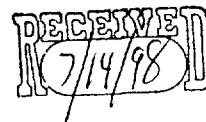
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July 7, 1998

Dr. Elizabeth Yetley, Ph.D.
F.D.A.
Office of Special Nutrition
200 "C" St., S.W.
Washington, DC 20204



Please be advised that Jarrow Formulas, Inc. is marketing a product containing a "Structure and Function" statement on the label. According to the notification requirements set forth by the DSHEA (Dietary Supplement Health and Education Act, 1994) legislation, please be advised of the following:

Name of Product: Alpha Lipoic Acid, 60 tablets, 180 tablets and 90 capsules

Active Ingredient(s): Alpha Lipoic Acid

Claim(s): "Powerful Antioxidant. Lipid and Water Soluble Thiol." -- This unique antioxidant is both lipid and water soluble, a potent promoter of glutathione and an important co-factor in energy metabolism.

The following disclaimer appears on the label: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

A handwritten signature in cursive script, appearing to read "Siddharth Shastri".

Siddharth S. Shastri, B.A., C.C.N.

Director of Product Development

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USAGE: As a dietary supplement, take 1 to 6 capsules per day, preferably with meals, or as directed by your qualified health consultant.

ALPHA LIPOIC ACID, also called Thioctic Acid, is a disulfide molecule (containing two thiol groups). A thiol (or -SH) consists of a sulfur and a hydrogen atom. This unique antioxidant is both lipid and water soluble, a potent promoter of glutathione and an important co-factor in energy metabolism.

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Prod # 20008

Jarrow FORMULAS™

ALPHA LIPOIC ACID

**Powerful Antioxidant
Lipid and Water Soluble Thiol**

Dietary Supplement
90 Capsules 100 mg each

Supplement Facts

Serving Size 1 capsule

	Amount Per Capsule	% Daily Value
Alpha Lipoic Acid (Thioctic Acid)	100 mg	*

* Daily Value not established

Other Ingredients: Rice powder and magnesium stearate (lubricant). Contains NO common allergen.

Superior Nutrition and Formulation™

Jarrow FORMULAS, INC™
Los Angeles, CA 90035-4317

Lot #. Best Used Before:

USAGE: As a dietary supplement, take 1-6 tablets per day, preferably with meals, or as directed by your qualified health consultant.

ALPHA LIPOIC ACID, also called Thioctic Acid, is a disulfide molecule (containing two thiol groups). A thiol (or -SH) consists of a sulfur and a hydrogen atom. This unique antioxidant is both lipid and water soluble, a potent promoter of glutathione and an important co-factor in energy metabolism.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Superior Nutrition and Formulation™ by
Jarrow FORMULAS, INC™
Los Angeles, CA 90035-4317

Jarrow FORMULAS™

ALPHA LIPOIC ACID

**A Powerful Antioxidant
Lipid and Water Soluble Thiol**

60 Quik Solv™ Tablets
100 mg each

Each fast dissolving tablet contains:
Alpha Lipoic Acid (Thioctic Acid) 100 mg

Contains NO soy, wheat, yeast, corn, dairy, artificial flavor, color or preservative, or other common allergen.

Excipients: Cellulose (filler) and magnesium stearate (lubricant).



PROD # 20002

Lot #. Best Used Before:

USAGE: As a dietary supplement, take 1-6 tablets per day, preferably with meals, or as directed by your qualified health consultant.

ALPHA LIPOIC ACID, also called Thioctic Acid, is a disulfide molecule (containing two thiol groups). A thiol (or -SH) consists of a sulfur and a hydrogen atom. This unique antioxidant is both lipid and water soluble, a potent promoter of glutathione and an important co-factor in energy metabolism.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot #. Best Used Before:

Jarrow FORMULAS™

ALPHA LIPOIC ACID

**A Powerful Antioxidant
Lipid and Water Soluble Thiol**

180 Quik Solv™ Tablets 100 mg each
SUPER COUNT

Each fast dissolving tablet contains:
Alpha Lipoic Acid 100 mg
(Thioctic Acid)

Contains NO soy, wheat, yeast, corn, dairy, artificial flavor, color or preservative, or other common allergen. Excipients: Cellulose (filler) and magnesium stearate (lubricant).

Superior Nutrition and Formulation™

Jarrow FORMULAS, INC™
Los Angeles, CA 90035-4317

PROD #
20003

